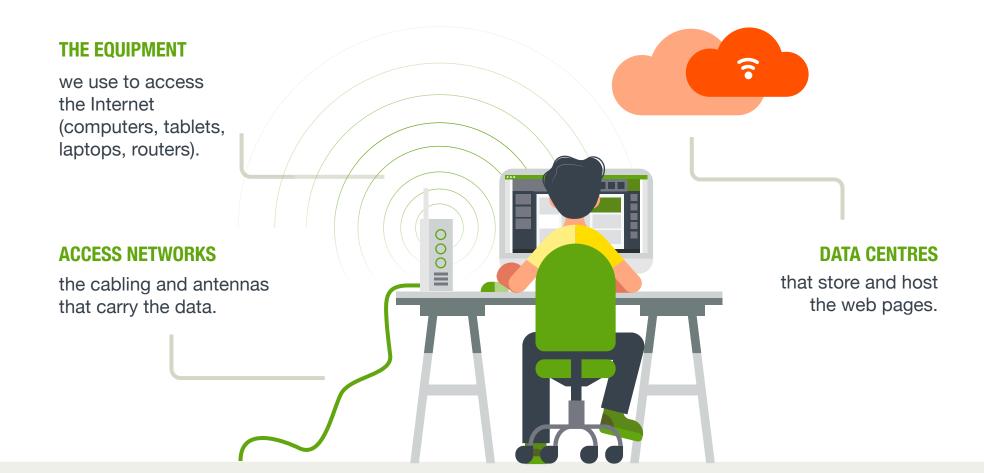


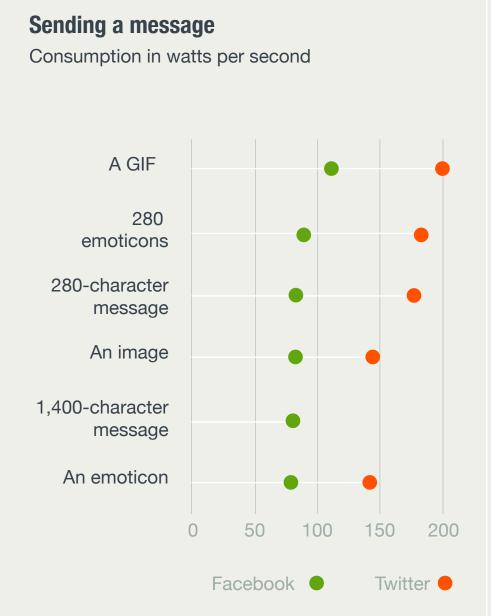
# HOW MUCH POLLUTION CAN MY DIGITAL ACTIVITY CAUSE?

For Jon Koomey, an expert in technological environmental impact, the most important elements to measure are what he calls "the big three".



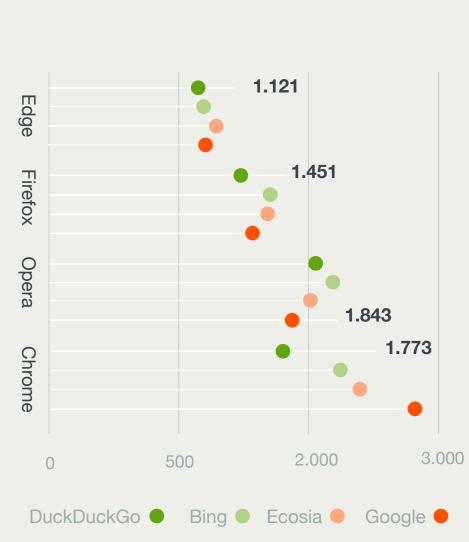
### How much does internet consume?

Uploading your photo of the day to Instagram, storing files in the cloud or having your email inbox full generates an ecological footprint.



#### Doing a search

Consumption in watts per second



## Carbon footprint of different applications\*



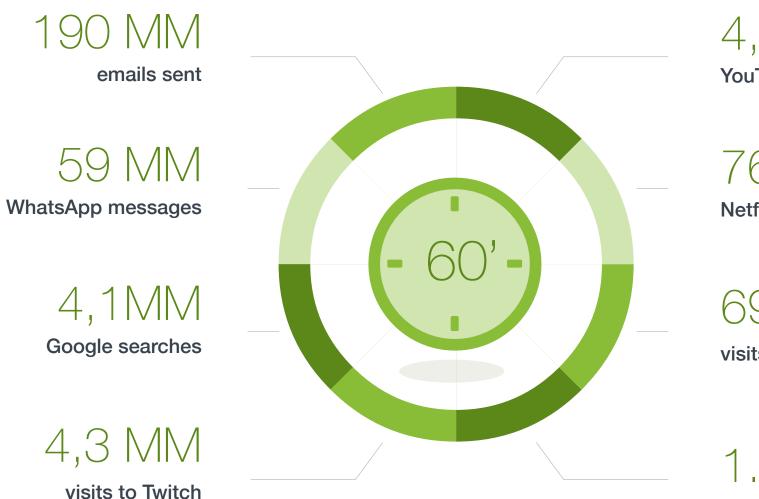


of global

of global electricity consumption corresponds to digital traffic.

# Internet consumption in one minute in the world.

En 2021



764.000

Netflix hours

694.444

visits to Instagram

1.400

I . ← ∪ ∪downloads on Tik Tok

Sources: elpais.com, https://nationalgeographic.es/.

<sup>\*</sup>The carbon footprint linked to this electricity consumption is based on the assumption that the electricity mix comes mainly from fossil fuels. This figure is drastically reduced when it comes from clean energy sources.