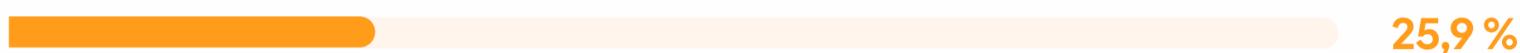


# O que é eficiência energética e como alcançá-la em nossa vida cotidiana?

## O que consome mais energia em casa?

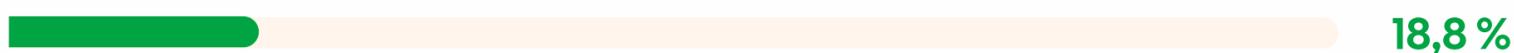
Aquecimento



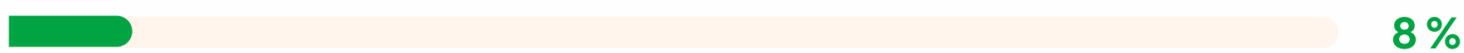
Eletrodomésticos



Água quente sanitária



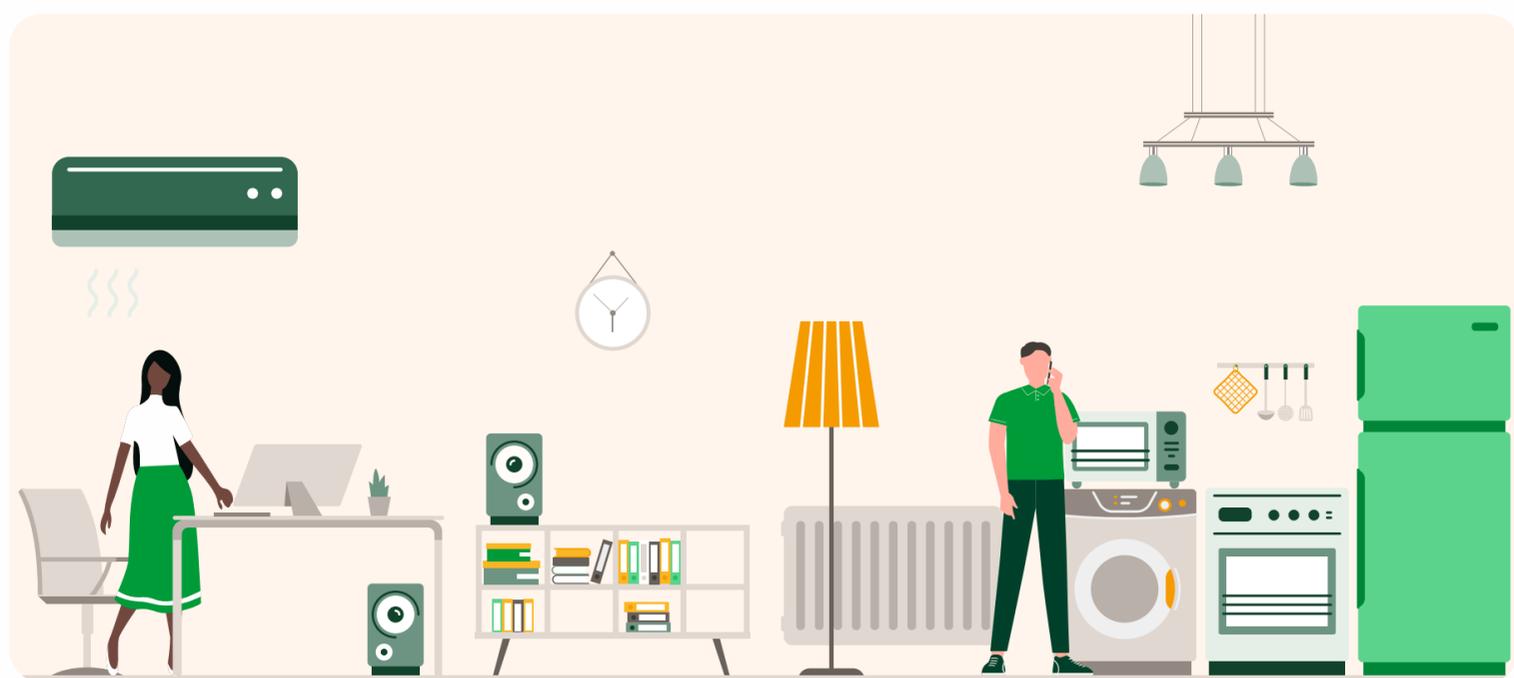
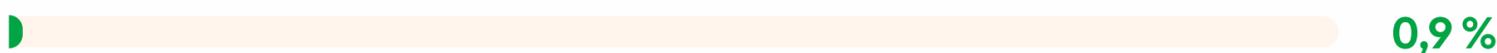
Cozinhar



Iluminação

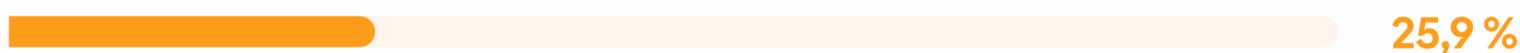


Ar condicionado



## Eletrodomésticos que mais consomem

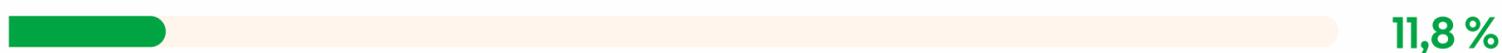
Frigorífico



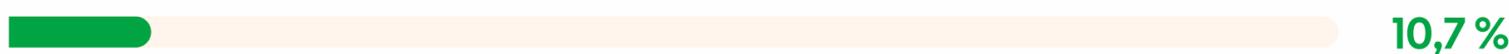
Televisão



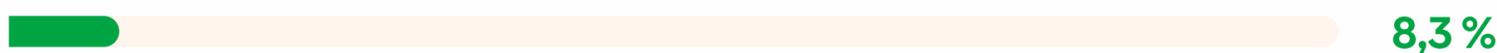
Máquina de lavar



Standby



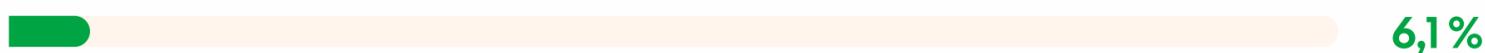
Forno



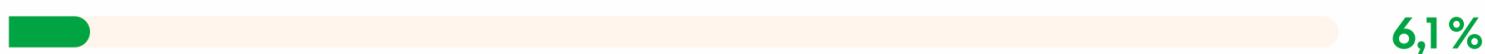
Computador



Congelador



Máquina de lavar louça



Secador



Fonte: Instituto para la Diversificacion y Ahorro de la Energia (IDAE, Espanha)