

# How many litres of water does it take to produce food?

According to FAO data, the water footprint of food accounts for 70% of water usage at global level.

## Pulses and cereals

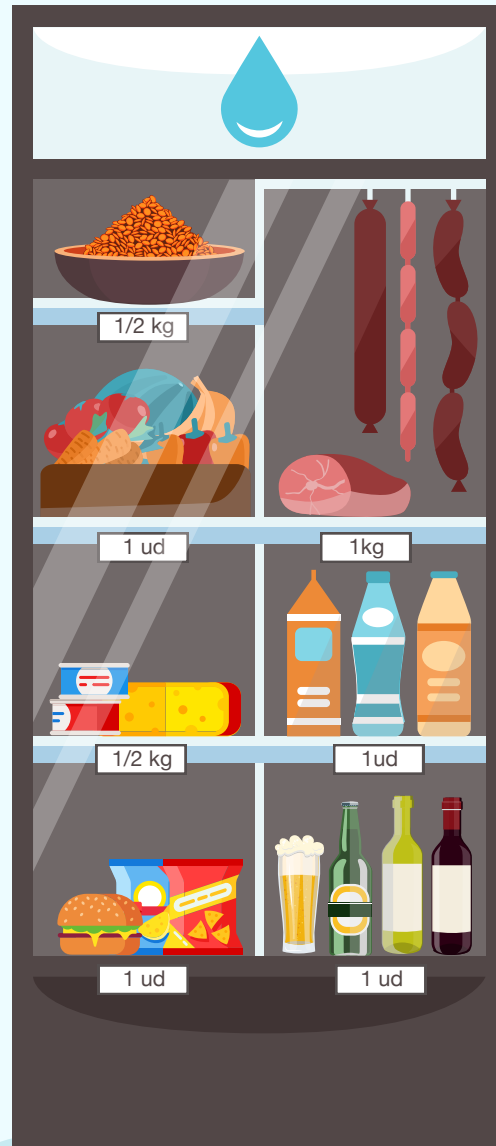
|         |         |
|---------|---------|
| Rice    | 1,700 l |
| Wheat   | 500 l   |
| Maize   | 450 l   |
| Lentils | 25 l    |

## Fruit and vegetables

|         |      |
|---------|------|
| Apple   | 70 l |
| Orange  | 50 l |
| Potato  | 25 l |
| Lettuce | 13 l |
| Tomato  | 13 l |

## Manufactured foodstuffs

|               |         |
|---------------|---------|
| Butter        | 2,700 l |
| Cheese        | 2,500 l |
| Hamburger     | 2,400 l |
| Bag of crisps | 185 l   |



## Meat

|         |          |
|---------|----------|
| Beef    | 15,000 l |
| Lamb    | 8,700 l  |
| Pork    | 6,000 l  |
| Chicken | 4,300 l  |

## Drinks

|                |         |
|----------------|---------|
| Litre of milk  | 1,000 l |
| Mug of coffee  | 840 l   |
| Bottle of wine | 720 l   |
| Glass of juice | 190 l   |
| Glass of beer  | 106 l   |
| Cup of tea     | 35 l    |

Source: FAO, Virtual Water.