The goals of sustainable mobility

Sustainable mobility is mobility that **meets our needs to move freely without compromising on environmental and human needs.** The transformation of the transport system need to make sure the following milestones can be achieved:



- Reduced polluting emissions
 - Reducing dependence on fossil fuels in transport to fight climate change.
- Increased energy efficiency
- Optimising energy consumption in transport through innovative and clean technologies and more efficient practices.
- Improved air quality
- Promoting less polluting modes of transport, as air pollution is considered one of the leading causes of premature death in large cities.
- Reduced noise pollution
- Minimising noise, as prolonged exposure to noise can affect health in various ways (sleep disorders, harmful effects on the cardiovascular and metabolic systems, cognitive impairments, etc.).
- Guaranteed accessibility

 Transforming our mobility system is an expertunity to improve and promote
 - Transforming our mobility system is an opportunity to improve and promote equity in transport, ensuring that everyone has access to safe, sustainable and affordable transport systems.
 - Integrated mobility and urban planning policies

 Coordinating new transport strategies with urban development to create more sustainable and liveable cities.