The goals of **sustainable mobility**

Sustainable mobility is mobility that **meets our needs to move freely without compromising on environmental and human needs.** The transformation of the transport system need to make sure the following milestones can be achieved:

1

Reduced polluting emissions

Reducing dependence on fossil fuels in transport to achieve energy independence and reduce CO_2 emissions into the atmosphere.

2

Increased energy efficiency

Optimising energy consumption in transport through innovative and clean technologies and more efficient practices.

3

Improved air quality

Promoting less polluting modes of transport, as air pollution is considered one of the leading causes of premature death in large cities.

4

Reduced noise pollution

Minimising noise, as prolonged exposure to noise can affect health in various ways (sleep disorders, harmful effects on the cardiovascular and metabolic systems, cognitive impairments, etc.).

5

Guaranteed accessibility

Transforming our mobility system is an opportunity to improve and promote equity in transport, ensuring that everyone has access to safe, sustainable and affordable transport systems.

6

Integrated mobility and urban planning policies

Coordinating new transport strategies with urban development to create more sustainable and liveable cities.